Medical and Obstetric Complication among Pregnant Women in a District Hospital of Northern India-A Cross Sectional Study

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Abstract—*Medical and Obstetric complication among pregnant women is a cause of serious concern. In India, this is one of the important causes of maternal mortality. That is why this study was done in order to determine the various complications.*

Aims and objectives: To understand Study of high risk pregnancy cases and the complications associated with them.

Materials and Method: A cross sectional study was conducted among 130 women at a district hospital in northern India. A pre formed pre-tested questionnaire was used. Data were analyzed statistically by using SPSS

Results: The main complications were Premature Delivery(3.6%), Underage pregnancy(3%), Low Birth weight(10.6%), Lower Segment Cesarean Section (LSCS)(11,1%)

Conclusion: Comprehensive healthcare is needed for the holistic treatment.